

Theorem Let $\{a_n\}_{n=1}^{\infty}$ be a Cauchy sequence of real numbers, then the sequence converges.

Proof $\{a_n\}_{n=1}^{\infty}$ Cauchy implies it is bounded, so $\exists a, b \in \mathbb{R} \ni$

$$a \leq a_n \leq b \quad \text{all } n.$$

The set $A_N := \{a_n \mid n \geq N\}$ is non-empty and bounded from above so has a least upper bound (i.e. supremum) which we denote by

$$\alpha_N := \text{lub } A_N.$$

Similarly, define $\beta_N := \text{glb } A_N$. We know $\beta_N \leq \alpha_N$ (all N), $\alpha_N \downarrow$, and $\beta_N \uparrow$, so if M, N are arbitrary then

$$a \leq \beta_M \leq \alpha_N \leq b$$

(for example, if $M \geq N$ then $\beta_M \leq \alpha_M \leq \alpha_N$. Similarly if $M < N$.)

Let $\beta := \text{lub}\{\beta_M \mid M \in \mathbb{N}\}$ & $\alpha := \text{glb}\{\alpha_N \mid N \in \mathbb{N}\}$, then the defn of lub so $\beta \leq \alpha_N, \forall N$. The defn of glb shows $\beta \leq \alpha$. Therefore

$$(0) \quad a \leq \beta_M \leq \beta \leq \alpha \leq \alpha_N \leq b \quad \text{all } M, N.$$

(Note: α is called $\lim_{n \rightarrow \infty} a_n$ & β is called the $\underline{\lim}_{n \rightarrow \infty} a_n$.)
These exist for any bounded sequence.

For Cauchy sequences we show $\alpha = \beta$ and $\lim_{n \rightarrow \infty} a_n = \alpha$:

Let $\varepsilon > 0$ & set $\varepsilon' := \varepsilon/3$. $\{a_n\}$ Cauchy $\Rightarrow \exists N \in \mathbb{N} \ni$

$$(1) \quad |a_n - a_m| < \varepsilon' \quad \forall n, m \geq N.$$

By defn of $\alpha_N \neq \beta_N \exists n', m' \geq N$ so that (draw a picture)

$$(2) \quad \alpha_N - \varepsilon' < a_{n'} \leq \alpha_N$$

$$(3) \quad \beta_N \leq a_{m'} < \beta_N + \varepsilon'$$

Hence

$$(4) \quad 0 \leq \alpha - \beta \stackrel{\textcircled{1}}{\leq} \alpha_N - \beta_N \stackrel{\textcircled{2} \neq \textcircled{3}}{\leq} (a_{n'} + \varepsilon') - a_{m'} + \varepsilon' \leq |a_{n'} - a_{m'}| + 2\varepsilon' \stackrel{\textcircled{1}}{<} \varepsilon.$$

But $\varepsilon > 0$ was arbitrary, so $\alpha = \beta$.

To show $\lim_{n \rightarrow \infty} a_n = \alpha$, use the fact that

$$\beta_N \leq \alpha, a_n \leq \alpha_N \quad , \text{ if } n \geq N$$

and the 2nd thru 5th inequalities of relation (4) to get

$$|a_n - \alpha| \leq \alpha_N - \beta_N < \varepsilon \quad \text{if } n \geq N. \quad \square$$